



BREAKFAST

SEPTEMBER 2026

Sidney High School

Low Fat and Fat Free Milk
Offered Daily with All Meals

Monday

Tuesday

Wednesday

Thursday

Friday

No School

No School

No School

No School

Cereal Bar
Cheese Stick
Fruit Choice
Fruit Juice
Milk

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

Muffin
Fruit Choice
Fruit Juice
Milk

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

Cereal
Yogurt
Fruit Choice
Fruit Juice
Milk

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

Egg Omelet
Toasted English Muffin
Fruit Choice
Fruit Juice
Milk

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

Cinnamon Roll
Fruit Choice
Fruit Juice
Milk

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

French Toast Sticks
Fruit Choice
Fruit Juice
Milk

Bagel & Cream
Cheese
Fruit Choice
Fruit Juice
Milk

Waffle Sticks
Fruit Choice
Fruit Juice
Milk

Pancake on a Stick
Fruit Choice
Fruit Juice
Milk

This institution is an equal opportunity provider.

Menu items subject to change due to food availability.

Assorted Fruit & Fruit Juice choices offered Daily