



SEPTEMBER 2026

Sidney High School

Low Fat and Fat Free Milk
Offered Daily with All Meals

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

Beef Enchilada
Seasoned Corn
Fruit & Vegetable Bar
Milk

Pulled Pork
on a Bun
Sweet Potato Wedges
Fruit & Vegetable Bar
Milk

Taco Salad
Seasoned Corn
Fruit & Vegetable Bar
Milk

BBQ Chicken
on a Bun
Baked Beans
Fruit & Vegetable Bar
Milk

Pizza
Steamed Broccoli
Fruit & Vegetable Bar
Milk

Sloppy Joe
On a Bun
Tri-taters
Fruit & Vegetable Bar
Milk

Chicken Lo Mein
Steamed Broccoli
Fruit & Vegetable Bar
Milk

Pig in a Blanket
Tator Tots
Fruit & Vegetable Bar
Milk

Beef Lasagna Bake
Green Beans
Fruit & Vegetable Bar
Milk

Spaghetti with
Meat Sauce
Green Beans
Fruit & Vegetable Bar
Milk

Chicken Stir Fry
Oriental Vegetables
WG Rice
Fruit & Vegetable Bar
Milk

Chili
Dill Pickle Spears
Cinnamon Roll
Fruit & Vegetable Bar
Milk

Chicken Tetrazzini
Breadstick
Steamed Broccoli
Fruit & Vegetable Bar
Milk

Super Nachos
Seasoned Corn
Fruit & Vegetable Bar
Milk

Mac & Cheese
Steamed Peas
Fruit & Vegetable Bar
Cookie
Milk

Cheese Pizza
Green Beans
Fruit & Vegetable Bar
Milk

Cheese Quesadilla
Refried Beans
Fruit & Vegetable Bar
Milk

Grilled Cheese
Sandwich
Tomato Soup
Fruit & Vegetable Bar
Milk

This institution is an equal opportunity provider
Menu items subject to change due to food availability