

BREAKFAST

OCTOBER 2026

Sidney High School

Low Fat and Fat Free Milk
Offered Daily with All Meals

Monday

Tuesday

Wednesday

Thursday

Friday



5

NO SCHOOL

6

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

7

Ham & Egg
Breakfast Bar
Fruit Choice
Fruit Juice
Milk

8

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

9

Pancakes
Fruit Choice
Fruit Juice
Milk

12

NO SCHOOL

13

Cereal Bar
Cheese Stick
Fruit Choice
Fruit Juice
Milk

14

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

15

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

16

French Toast Sticks
Fruit Choice
Fruit Juice
Milk

19

NO SCHOOL

20

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

21

Egg Omelet
Fruit Choice
Fruit Juice
Milk

22

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

23

Bagel & Cream Cheese
Fruit Choice
Fruit Juice
Milk

26

NO SCHOOL

27

Muffin
Fruit Choice
Fruit Juice
Milk

28

Breakfast Pizza
Fruit Choice
Fruit Juice
Milk

29

Biscuit & Gravy
Fruit Choice
Fruit Juice
Milk

30

Waffle
Fruit Choice
Fruit Juice
Milk

This institution is an equal opportunity provider.

Menu items subject to change due to food availability.

Assorted Fruit & Fruit Juice choices offered Daily